

Shots Chart

Immunization (Shot)	How Often	Date(s) Received							
Tetanus-Diphtheria	Every 10 years								
Measles-Mumps-Rubella (for adult women born after 1956 and able to become pregnant)	At least once (See p. 51)								
Flu	Every year after age 50 or sooner if at risk (See p. 52)								
Pneumonia	Once at age 65								
Hepatitis B	If at risk (See p. 52)								